

Food Policy

Food Policy - Severe Food Allergies

A number of our children suffer from severe food allergic reactions to nuts and peanuts. In order to avoid any unnecessary risk and to provide these students with the safest possible environment, we ask that you **ensure your children's recess snacks and lunches do not contain nuts/peanuts or products containing nuts/peanuts in them:** e.g. peanut butter, nut products, food cooked in peanut oil, muffins, Nutella, granola bars, cereal, etc. We ask that you read labels carefully before putting foods into your child's lunch box. Avoid sending products as snacks or for lunch that are labelled "may contain traces of nuts or peanuts".

We cannot guarantee a nut-free environment. Therefore, **students must NEVER share snacks or lunches with other children.** We ask that you review this policy with your child as we do at school. The school will not provide any nut/peanut products as snacks or treats at lunch, daycare or at any school event. We **urge** all parents to comply strictly with this policy.

***This policy is in effect as well during special occasions - we ask that parents not send any food items as treats for other students at Christmas, St. Valentine, Easter, birthdays, etc.**